



THE CENTURION

COMMUNIQUE Issue No.8 | FEBRUARY | 2020

President's Message



We had lined up a number of events for January 2020.

The first was the **Sankranti Bumper Tombola** on the 12th, with cash prizes worth Rs.50,000 besides a number of gifts. It was a well-attended and well organized event, thanks to the Tombola Chairman, **Mr. A. M. Raghavendran** who has been keeping the Tombola Section filled with activity.

The next was a **Treasure Hunt** on the 19th. A Hunt was being conducted in the Club after nearly a decade. To make the day more encompassing and lively, we had a **Beer & Biryani lunch** and some live retro music to go with it. Thirty two cars took part in the Hunt which was devised by our **Hon. Secretary, Mr. E. G. Jaideep** and was enjoyed by everyone. A special thanks to our Bar Chairman, **Mr. V. Vijay Chander** for arranging the Beer.

On Republic Day, 150 to 200 members took part in the **Walkathon**, wearing Century Club t-shirts given by the Health Section. After which, the Flag Hoisting was done, followed by a sumptuous breakfast. The entire credit for this event goes to our Health Club Chairman, **Mr. Sandeep Gangadhar**.

The next event, which I can aptly name as the "Jewel in the Crown" of all events this year, was the **Century Club Heritage Food Mela**. With twelve of the few remaining restaurants of Bangalore that are 50+ years-old taking part in the Mela, we just could not hazard a guess as to what the crowd would be. Unlike a New Year's Eve, where we have an idea of the number of people who would turn up, the logistics of this mela was really challenging.

The restaurants that took part were Crowns Canopy, Chichaba's Taj Hotel, Ranganna Military Hotel, Asha Sweet Center, Vidyarthi Bhavan, Gundappa Sweets (Sri Ram Vilas Sweets), Brahmin's Coffee Bar, New Krishna Bhavan, Bhagatram Sweets, Sree Vishnu Bhavan, CTR – Central Tiffin Room and Lake View Milk Bar. I was often asked how we managed to get all these people to come to our Club. Trust me, it was a humungous task. *For nearly two months, I personally visited each and every restaurant, not just in the above list, but many more, to convince them to come out of their comfort zone and set up their wares in our mela.* After numerous visits and calls with a lot of following up, my efforts crystalized into the twelve restaurants mentioned above. The response to the Mela was really gratifying and made me feel it was worth all the effort. A special thanks to **Ms. Krithika, Ms. Sandhya Dilip and Ms. Lakshmi of TRIPNXT Event Managers**, for executing a very difficult event.

In fact, in the briefing given to the restaurants by the Hon. Secretary, the restaurants were told to be prepared for around 2000 people and also have a food backup in their respective restaurants in the event of a bigger turnover. To add to the nostalgic ambience, videos instead of audios of old Hindi and Kannada film songs, were played on a large LED screen. The attendance was more than 3,000 people, including nearly 500 guests.

At one point of time, a few years back, the **Table Tennis Section** seemed to be heading towards becoming history with hardly anyone patronizing the game. But now, one should see the transformation. A lovely sit-out designed, executed and sponsored by **The Parquet Company, the promoter of which is our own member Mr. Tarak Shah**, three new top-of-the-line TT tables and a new sports flooring were all done in January. And to add to it, the 2nd Vijayaraghavan Intra-Club Table Tennis League 2020 is underway and every day, you can see 40 to 50 players. The league is being sponsored by our member **Mr. H. V. Vijayaraghavan** and **M/s. Karur Vysya Bank**. A special thanks to **Mr. S. Muniraju**, another special member of ours, for facilitating the sponsorship from M/s. Karur Vysya Bank. Kudos to our Table Tennis Chairman, **Mr. Santosh R.**

Mr. B. T. Chamarajan, our Cards Chairman has been keeping the Cards Section lively with **Potluck Dinners** and good fellowship.


S. Suresh Naidu
President



Prof Dr H Paramesh

Health Impact from Noise Pollution

- ❖ Hearing loss is the single most common preventable defect and it is the result of cumulative effect of noise
- ❖ 2.7% of Indians are deaf, 4 times more in rural area and in the areas with high fluoride content in water • Rapid urbanisation and modern amenities increase noise pollution • Exposure to loud rock music is one of the most common cause in youngsters with later effect.
- ❖ Noise during pregnancy will affect the fetus
 - High frequency deafness in new born
 - Prematurity
 - Intrauterine growth failure
- ❖ Increases oxygen need and ventilatory care in premature
- ❖ Increases • Stress in people, • Sleep disturbance • Annoyance • Headache Silent Zone • Decrease work efficiency • Poor school performance.



Noise levels: Decibels (dB)		Recommended levels	Day time	Night time
80 -	annoying	Industrial Area	75 dB	70 dB
110 -	discomfort	Commercial Area	65 dB	55 dB
135 -	painful	Residential Area	55 dB	45 dB
		Silence Zone	50 dB	40 dB

- ❖ Pollution control board recommendation to club functions with public address system of 10dB more than the recommended in that area or 75dB whichever is lower
- ❖ Bharat Ratna Sir M. Visvesvaraya founder of our club started with the ideals of "Clubs are the place for social discipline"
- ❖ Our Past President Sri. J B Mallaradhya (Retd IAS) coined the slogan "Learned Leisure"
- ❖ Our club is the place for physical fitness, relaxation and stress busting. To be happy and live longer with quality of life with positive thinking and optimism. Let us all emulate our ideals of our club.



Every Sunday Combo Breakfast & Veg Buffet
8 a.m. to 10.30 a.m

No Guest fee
during these hours



CHITHKALA MALLIKARJUN

Chairperson – House Keeping & Beautification

A quiet, e-behind-the-scene efforts of our ever smiling yet hardworking boys keep our 2nd Home Century Club in order. Under the circumstances we do our best within our reach and we welcome suggestions and advice to improvise every area.

A quick brief of our activities in past 7 months have been

1. Much of the scrap which somehow had accumulated over the last 2-3 years have been cleared. A few chairs, some metal portions for garden use, magazine –paper rack were saved and are being reused.
2. Sir M. Visvesvaraya Auditorium, which had become a dump yard to say in the least & had been accumulating old furniture, mattresses and chairs have been segregated, retaining those that we can refurbish, polish and reuse. We are proud to have

returned the Auditorium back to members by reopening it for children's and ladies activities, award-winning movie screenings which has been happening every Friday since November. The beautiful display of paintings related to Sir M. Visvesvaraya adorn the walls now.

3. Stone figurines are happy to be back in place with light and fountain to bring the calmness that only a water body can give.
4. The Ashoka trees above the stone pergola and car parking area near men's salon are being trimmed to a circular shape regularly.
5. Pot holes in the two-wheeler parking and the driver's parking area have been filled.
6. Re-potting of plants are being done while we have been getting floral plants as per the season.
7. The fountain and light in the Sampige Village party hall is back to it's glory.
8. Christmas and New Year saw a continual 13 day lighting, ringing in the festivities the New Decade promises to bring.
9. For the Founder's day 31st January 2020, we have purchased serial lights (golden colour) which adorned the entire club. This would drastically reduce on the expense towards hiring serial lights henceforth.

Instead of bouquets which loses it's glory in couple of days, we gifted bougainvillea plants to our Esteemed Guests during the recent events. We hope the same tradition can be followed in days to come.

BOARD GAMES AND ACTIVITIES, CHILDREN & ADULTS:

We saw an amazing response to The Scrabble Tournament held in September. This inspired us to have an Activity Corner consisting of Board games such as Carrom, Scrabble, Chess, Ludo, Snake & Ladder and the likes. We invite anyone visiting the Club to find an opponent and join the table for a game. We hope this arena would grow and we get good response to play and make more friends also helping one stay away from electronic gadgets. You may even build our stock of games by adding any from your homes.

BEAUTY PARLOUR

We strive to give the best to our members and control on the charges as well. Our friendly, smiling Parlour staff cater to every style as required by our Members and their guests. We invite suggestions on improvements or requirements.

For any discussions, suggestions or additions to the above sections, you may reach out on "club@centuryclub.in" addressing to me "Chithkala" or you may reach out to me directly on my mobile 9535 155 144.



Y. K. MUDDU KRISHNA

Chairman – Cultural & Library

Cultural Committee 2019-20 under the Chairmanship of Kalashree Y.K. Muddu Krishna has gloriously conducted following events.

The year began with the melodies instrumental music by Srivatsa Kauogi and Dattatreya Desai, on 03.08.2019

On 11th Aug 2019 Saxophone music programme by Sridhar Sagar.

On the occasion of 73rd Independence Day club cultural committee Honoured 12 Kargil war veterans and screened the movie URI. The occasion was beautified by Shruthi Raghvendra and troupe by singing Patriotic songs. And Mr. Daulat B Chhabria generously contributed Rs.6 Lakhs as token cash gift to the Honoured.

On 17th Aug 2019 organised an evening with Ghazal & Popular Hindi film Hits by Kishen Dalmia & Troupe which was a great success.

On 29th Aug 2019 Conducted Beer & biriyani with monsoon music by Moonlight troupe.

On 28th sept 2019 conducted Ek Haseena Shaam, by our own Member Jaya Murthi & Team.

On 1st October 2019 conducted Rajasthani Folk Music by visiting Rajasthani Folk Singers.

On 12th Oct 2019 Dasara Dandiya Nite the colourful mega event cherished by the large group of members. Hitesh Mehta enthralled the audience by scintillating music performance.

The Cultural committee on its Ladies wing has conducted the Cake Baking programme on 17.08.2019, On 21st Sept 2019 arranged a talk on Zero Waste & Green the Red by Dr. Meenakshi Bharath, and also on 19.10.2019 arranged talk on Women's Self Defence & Recent Traffic Rules Imposed by Govt. of India.

Y.K. Muddukrishna who also heads library section has initiated action to refurbish the library by digitalisation, creating separate software and adding exclusive publications.

He has procured a hard disc containing 150 international award which is a great treasure for the Club.

On 30th of November a colour full historical event "Rajyotsava – 2019" was celebrated. Noted film personality Smt. Arundathi Nag graced the occasion. A colour full procession was organised from KR Circle to Club premises with several folk troupes leading members attired in traditional costumes.

Folk troupes, Folk Singer Savita and Narasimha Murthy, Noted Bhavageethe Singers Pancham Halibandi and Seema Raikar enthralled the Audience.

A Book Fare (Pustaka Santhe) by seven leading Book Sellers was also organised.



SANTOSH R.

Chairman – Badminton & Table Tennis

It is my honour to be a part of this wonderful Century Club Executive Committee 2019-20.

When I took over as a Chairman of two very important sports sections, Badminton and Table Tennis, both these sections required a lot of fine tuning with respect to equipment and infrastructural changes. And I must say that the Executive Committee was very co-operative in bringing about these basic upgradations.

The Badminton Section, besides a weekend Coaching Camp for members, saw a lot of activity with two tournaments being conducted. The first was the Beer and Biryani tournament, which was conducted not only for the regular players of Century Club, but also for members of our Club who were playing Badminton in various other clubs whom we identified and specially invited over for the tournament. Most of them reciprocated and joined in what I may say was a wonderfully organised tournament. In fact, this tournament became the base to bring in more participants for our next tournament, the 3rd Century Club Badminton League (CCBL).

The CCBL saw an excellent participation of 80 players and for the first time the concept of team owners was introduced which was well accepted and appreciated. Now, the CCBL has become one of the best Badminton Leagues amongst all the clubs in Bangalore, and most importantly, it was a self-sustained tournament with sponsorship.

Our most awaited Badminton tournament, the prestigious 17th Garuda Inter Club tournament will see 17 selected clubs in Bangalore taking part. It will be played from 9th February to 15th February 2020, and for the first time we have allowed three state players to participate and represent their respective clubs. It will be one of its kind tournaments, which everyone is looking forward to.

In the Table Tennis Section, we have upgraded the section with a state of the art epoxy and vinyl sports flooring, LED Lights and three new international standard TT tables. In addition, we have created a lounge area for our players to relax after a rigorous game. This section is now ready to conduct and host Inter Club tournaments and will probably be one of the best sports section of Century Club.

This year, even in the Table Tennis league, we introduced the Team Owners concept and with seven teams competing, the excitement level has definitely gone up. The league will be starting from 31st January and will culminate on 8th February 2020. The league is sponsored by Mr. H. V. Vijayaraghavan and Karur Vysya Bank.

I wish all the best to the participants of both the upcoming tournament in Badminton and Table Tennis.

CALENDAR OF EVENTS – FEBRUARY 2020

Date	Day	Programme
08/02/2020	Saturday	Bar Happy Hours, 6.30 p.m. to 9.30 pm. Members only @ Main Bar
16/02/2020	Sunday	Valentine Day Rummy Tournament 2.30 pm onwards.
16/02/2020	Sunday	Valentine Bumper Tombola, Cash Prize Worth Rs.1,00,000/- + gifts
19/02/2020	Wednesday	Inter Club Invitation Ladies Rummy Tournament @ 10.30 am
22/02/2020	Saturday	Bar Happy Hours, 6.30 pm to 9.30 pm. Members only @ Main Bar

EVERY SUNDAY – COMBO BREAKFAST
8 a.m. to 10.30 a.m. (No Guest fee during these hours)

Friday, 31st January to Saturday, 8th February 2020
CENTURY CLUB 2ND VIJAYARAGHAVAN INTRA CLUB TABLE TENNIS LEAGUE 2020

Sunday, 9th February to Saturday, 15th February 2020
17TH 'GARUDA' ANNUAL INVITATION INTER-CLUB BADMINTON TOURNAMENT

CENTURY CLUB
Bangalore
Tombola Sub-Committee
Presents
Valentine BUMPER TOMBOLA
On Sunday, 16th February, 2020
Prize Money
₹ 1,00,000/- + gifts
Followed by: HIGH TEA
Game starts @ 6 p.m.

S. SURESH NAIDU President
A. M. RAGHAVENDRAN Chairman - Tombola
E. G. JADEEP Hon. Secretary

CENTURY CLUB
Bangalore
Cards Sub-Committee
Presents
Valentine Day Rummy Tournament
(Open to all Century Club Members & their Spouses)
on Sunday 16 Feb 2020
2.30 p.m. onwards
Entry Fee : Rs.500/- per Member
1st Prize Rs.15,000/-
2nd Prize Rs.10,000/-
3rd Prize Rs.5,000/-
Finalists Rs.1,000/-
RE-ENTRY Rs.800/-
Followed by Cocktail & Dinner, Hosted by:
Mr. P. Ramachandra, Mr. S. K. Bhaskar Raju & Dr. Sudhakar Shetty
Affiliated members & guests strictly not allowed

S. SURESH NAIDU President
S. T. CHAMBERLAJN Chairman - Cards
E. G. JADEEP Hon. Secretary

CENTURY CLUB
Cards Sub-Committee
Presents
Inter Club Invitation Ladies Rummy Tournament
(open to all lady/spouse members of the invited clubs)
on Wednesday, February 19, 2020 at 10.30 am
Entry Fee Rs.500/-
Re-Entry Fee Rs.800/-
(only 1st Round)
Prize money upto Rs.60,000/- to be WON
Lunch & High-Tea will be provided to the participants

S. SURESH NAIDU President
S. T. CHAMBERLAJN Chairman - Cards
E. G. JADEEP Hon. Secretary

COMPLIMENTS



Mr. Daulat B. Chhabria (PD 19), Derby Winner piloted by top gun Suraj Narredu. Proud owner of Sir Supremo received the "South India Derby Trophy".



Mr. B. S. Bahadur (PB 129), has played 13 Golf Tournaments in 2019 in Karnataka & Foreign soil and Won tournaments. The Prestigious Trophies are "The Master Series" at Prestige Augusts, Bangalore and "Kodava Cup & Vishwamanna Cup" at Mysore are commendable.



Dr. Bhoopalam M. Sunil (PCB 7), received Hinustan Gagan Gowrav Award from Vice Chancellor and Sri Raghunath Guruji at Bharatiya Vidya Bhavan



CULTURAL COMMITTEE – LADIES WING

An Account of International Women's Day, it is planned to conduct the following Cultural Events on Saturday, 7th March 2020 for all lady & spouse members of the Club :



1) Singing



2) Drama



3) Dance



4) Fashion Show

Interested lady & spouse members are requested to register their names at the Club reception.

Treasure Hunt 19th January 2020



Republic Day Walkathon 26th January 2020



Republic Day Walkathon 26th January 2020



Century Club Heritage Food Mela 26th January 2020



Century Club Heritage Food Mela 26th January 2020





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Mr. R. N. VIPPARTHY
A/c. No. PV25
Demise on 27.12.2019



Mr. S. BHASKAR
A/c. No. PB44
Demise on 22.12.2019



Dr. V. SRINIVASA
A/c. No. PS278
Demise on 04.09.2019



Mr. P.V. SOMASEKHAR
A/c. No. PS105
Demise on 11.11.2019



Club Day Celebration 2nd February 2020





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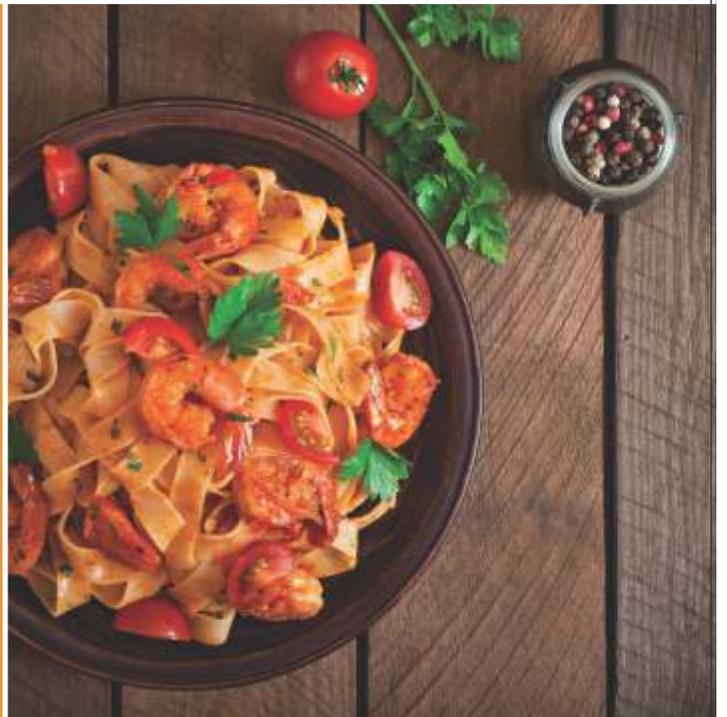
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ITALIAN RESTAURANT

Century Club, No.1, Sheshadri Road Bengaluru, 560 001